

Access to Food in Claresholm and Area

Service	What you need to know	Where to go
Food Banks		
CLARESHOLM FOOD BANK	<ul style="list-style-type: none"> • Free Food Hamper: Must qualify • Bread and extras: Available anytime during open hours • Supports clients in: Claresholm, Stavely and surrounding area • One hamper per month, up to 12 hampers per year 	<p>Address: 221 45 Ave W, Claresholm Phone: 403-625-2092 Hours: Wednesday 9am-12pm (hampers can be provided outside of regular hours in emergency cases) ID Required: Clients are required to provide ID to prove address and identity (Alberta Health Care card for each person in household, utility bill) Website: www.claresholmfoodbank.com Facebook Page: https://www.facebook.com/claresholmfoodbank/</p>
Community Resources		
CLARESHOLM MEALS ON WHEELS	<ul style="list-style-type: none"> • Delivery of meal: soup, salad, entrée & dessert • Must qualify: call to request • Cost: \$10 per meal • Supports clients in: Claresholm 	<p>Phone: 403-625-3526 (Helen Cook) 403-625-3521 (Karen Bishop) Hours: Call to schedule Delivery: Monday to Friday 11am-12:30pm</p>
CLARESHOLM GOOD FOOD BOX	<ul style="list-style-type: none"> • Good value fresh vegetable and fruit box • Cost \$27 for small box (20-25lbs), \$32 for medium box (30-35lbs), and \$37 for large box (40-45lbs). • Choice of small, medium or large box • Supports clients in: Claresholm 	<p>Phone: 403-615-8655 (Natalie Pedersen) Email: claresholmgfb@gmail.com Facebook page: https://www.facebook.com/claresholmgoodfoodbox/</p>