

CLARESHOLM AQUATIC CENTRE

September & October 2022 PUBLIC SCHEDULE

403-625-2172
cac@clareholm.ca

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30-7:30	Lane Swim		Lane Swim Not Sept. 21		Lane Swim	 <p>POOL CLOSED Sept. 5, 16, 30 Oct. 10 REDUCED HOURS Sept. 21, 22, 23, 24, 26, 27, 28 Oct. 15 & 16 <i>Book online or call 403-625-2172</i></p>	
7:30-7:45							
7:45-8:45	AquaFit		AquaFit Not Sept. 21		AquaFit		
8:45-9:00							
9:00-10:00	M/W PS Lessons	P & T T/Th PS Lessons	M/W PS Lessons P & T	P & T T/Th PS Lessons			
10:00-11:00	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL		
11:00-12:00	Laughing Yoga	SR Water Movement	Homeschool Time	SR Water Movement	Homeschool Time		
12:00-1:00	Parent & Tot Fun Swim P & T - Lane Swim Book Online: Clareholm.ca under the Aquatic Centre					Lane Swim	
1:00-2:00	AquaFit	CCMHA	AquaFit	CCMHA	AquaFit	Public Swim 1:15-2:15 Not Sept. 24 or October 15 & 16	
2:00-2:15							
2:15-3:45	Public Swim 2:15-3:45	Public Swim 2:15-3:45	Public Swim 2:15-3:45	Public Swim 2:15-3:45	Public Swim 2:15-3:45 Not Sept. 23	Public Swim 2:30-3:30 Not Sept. 24 or October 15 & 16	
3:45-4:00							
4:00-6:00	JLC Vikings Mon. Lessons	JLC Sport Tues. Lessons	JLC Vikings Lessons	Lessons	ALL Swims by Reservation ONLY. Book Online: at Clareholm.ca under the Aquatic Centre Pool Rentals are available please contact 403-625-2172 Masks are required upon entry and exit in our hallway which is shared with AHS <u><i>There will be no public swim when schools have facility booked</i></u>		
		BootCamp & Play		BootCamp & Play			
6:00-7:00	P & T - Lane Swim	Public Swim	P & T - Lane Swim Not Sept. 21	Public Swim			
7:00-8:00	CCMHA	6:30-8:00	CCMHA Not Sept. 21	6:30-8:00 Not Sept. 22			
8:00-9:00	Masters 18 +	Lane Swim	Masters 18 + Not Sept. 21	Lane Swim Not Sept. 22			

ADMISSIONS

	<u>DROP IN</u>	<u>10 PASS</u>	<u>3 MONTH</u>
Under 3 Years	Free	Free	Free
Ages 3-7	\$2.50	\$15.00	\$30.00
Ages 8-17	\$4.00	\$30.00	\$58.00
Ages 18-54	\$5.75	\$50.00	\$100.00
Ages 55+	\$4.25	\$36.00	\$65.00
Family	\$14.00	\$106.00	\$205.00
Aquafit	\$5.75	\$52.50	

A Family consists of immediate family only, with a max of 2 Adults and 4 Children.
3 month pass may be used for Lane, water movement, parent & tot and public swims

FALL PROGRAMS

The Clareholm Aquatic Centre has the Fall Program Guide Available at Clareholm.ca or on Clareholm Rec. **Registrations are on now.**

New Programs:

BootCamp + Shallow Water Play: up to 5 children can attend while their parent/ guardian is in the water

Laughing Yoga: Guest Instructor

Masters 18+ Swim Club: Coached with personalized workouts! Mondays & Wednesdays

Sport Coach: Saturday September 24, 2022