

Claresholm Aquatic Center

November 26, 2020

All Swim times must be reserved online, at claresholm.ca under Aquatic Centre.

Masks are mandatory upon entry, and when walking onto the deck.

Must arrive in swimwear, change rooms are unavailable till the end of the swim.

2 meter physical distance in hallway and on deck will be strictly enforced.

3 meter physical distance in the pool will be strictly enforced.

Anyone not abiding by the rules posted will be asked to leave.

Absolutely no Social Gatherings on the premises, including change rooms.

Zero Tolerance for those not Physically Distancing

Fitness Swim: Lane Swim, daily options, Maximum of 5 people. Protocols will be in place at the pool.

Open Fitness Swim: Monday, Wednesday, and Friday 7:45-8:45 am or 1:00-2:00 pm or 2:30-3:30 pm Maximum of 8 people, 3 meter physical distance in the pool will be strictly enforced. This swim provides time for patrons to perform a variety of exercise activities. There is no instructor. Regular admission applies. 3 days per week, 3 time slots. *Those who have attended programs in the past will be given preference for reserving Open Fitness Times.*

Water Walking: *Monday, Wednesday, Friday 10:15-11:00 am.* Maximum of 8 people, 3 meter physical distance in the pool will be strictly enforced. This swim provides time for patrons to walk in the shallow or deep water. There is no instructor. Regular admission applies.

Senior Open Swim: *Tuesday & Thursday 10:15-11:00 am.* Maximum of 8 people, 3 meter physical distance in the pool will be strictly enforced. 45 minutes in length. This swim provides time for patrons to perform a variety of exercise activities. There is no instructor. Regular admission applies.

Teen Lane: Lane Swim, *Monday & Wednesday 4:00-5:00 pm.* Maximum of 5 people. Protocols will be in place at the pool. 11-18 years. Parents or guardians are required to fill out screening sheet.

Youth Swim: Lane Swim, *Tuesdays 4:00-5:00 pm.* Maximum of 5 people. Protocols will be in place at the pool. 8 years and up. Parents or guardians are required to fill out screening sheet.

Family Swim: Maximum of 10 people, 3 meter physical distance in the pool will be strictly enforced.

Rentals: We are not offering pool rentals at this time.

**All Pool Rules posted and Lifeguard instructions must be followed at all times.
Noncompliance will result in immediate removal from the facility.**