

Gathering restrictions

A gathering is any situation that brings people together in the same space at the same time for the same purpose. Check with your local municipality for additional restrictions in your area.

Unless otherwise identified in public health orders, the following gathering restrictions are in place:

- **200 people maximum for audience-type community outdoor events**, such as festivals, firework displays, rodeos and sporting events, and outdoor performances
- **100 people maximum for other outdoor events and indoor seated/audience events**, including wedding ceremonies, funeral services, movie theatres, indoor arts and culture performances and other indoor spectator events where people remain seated
- **50 people maximum for indoor social gatherings**, including wedding and funeral receptions and birthday parties
- No cap on the number of people (with public health measures in place):
 - worship gatherings
 - restaurant, cafes, lounges and bars
 - casinos and bingo halls
- More flexibility for [cohort groups](#) - small groups of people whose members do not always keep 2 metres apart:
 - households can increase their close interactions with other households to a maximum of 15 people
 - performers can have a cohort of up to 50 people (cast members or performers)
 - sports teams can play in region-only cohorts of up to 50 players (mini leagues)
 - people can be part of a sports/performing cohort and a household cohort at the same time

Cohort groups

A COVID-19 cohort – also known as bubbles, circles, or safe squads – are small groups of the same people who can interact regularly without staying 2 metres apart.

A person in a cohort should have little to no close contact with people outside of the cohort. Keeping the same people together, rather than mixing and mingling, helps reduce the chance of getting sick, and makes it easier to track exposure if someone does get sick.

Under Stage 2, cohort types and sizes include:

- core cohorts (families and households) – up to 15 people
- child care programs – up to 30 children and staff
- sports teams – up to 50 players and coaching staff
- performing groups – up to 50 cast members or performers

You should only belong to one core cohort. It is safest limit the number of other cohorts you belong to reduce the risk of getting sick or spreading COVID-19.

<https://www.alberta.ca/restrictions-on-gatherings.aspx#toc-1>