

# Claresholm Aquatic Centre

As of October 1, 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
6:30-7:30	Fitness Swim							
7:30-8:00	Closed for Cleaning							
8:00-9:00	Aquafit (Max 12)	Fitness Swim	Aquafit (Max 12)	Fitness Swim	Aquafit (Max 12)			
9:00-9:30	Closed for Cleaning							
9:30-10:30	Lessons							
10:30-11:00	Water Walking/Jog	SR AquaFit	Water Walking/Jog	SR AquaFit	Water Walking/Jog			
11:00-11:30	Closed for Cleaning							
11:30-12:30	Fitness Swim (8) / Parent & Tot (6)							Fitness Swim
12:30-1:00	Closed for Cleaning							
1:00-2:00	Aquafit (Max 18)	CCMHA	Aquafit (Max 18)	CCMHA	Aquafit (Max 18)			Family Swim Free
2:00-2:30	Closed for Cleaning							
2:30-3:30	AADAC	Family Swim	AADAC	Family Swim	Family Swim	Family Swim Free	Family Swim	
3:30-4:00	Closed for Cleaning							
4:00-5:00	JLC	Rookie, Ranger, Star Lessons	JLC	Lessons	Rental	Rental	Rental	
5:00-5:30	Closed for Cleaning							
5:30-6:30	Fitness Swim	Aquafit (Max 12)	Fitness Swim	Aquafit (Max 12)				
6:30-7:00	Closed for Cleaning							
7:00-8:00	CCMHA	Family Swim	CCMHA	Family Swim				