

Claresholm Aquatic Centre

As of November 1, 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30-7:30	Fitness Swim		Fitness Swim		Fitness Swim		
7:30-8:00	Closed for Cleaning		Closed for Cleaning		Closed for Cleaning		
8:00-9:00	Aquafit		Aquafit		Aquafit		
9:00-9:30	Closed for Cleaning		Closed for Cleaning		Closed for Cleaning		
9:30-10:30	Lessons						
10:30-11:00	Water Walking/Jog	SR AquaFit	Water Walking/Jog	SR AquaFit	Water Walking/Jog		
11:00-11:30	Closed for Cleaning						
11:30-12:30	Fitness Swim (8) / Parent & Tot (6)					Fitness Swim (8)	
12:30-1:00	Closed for Cleaning						
1:00-2:00	Aquafit	CCMHA	Aquafit	CCMHA	Aquafit	Family Swim Free	
2:00-2:30	Closed for Cleaning						
2:30-3:30	AADAC	Family Swim	AADAC	Family Swim			
3:30-4:00	Closed for Cleaning						
4:00-5:00	JLC	Rookie, Ranger, Star Lessons	JLC	Lessons	Rental	Lessons	Rental
5:00-5:30	Closed for Cleaning						
5:30-6:30	Fitness Swim(4) Deep Water Jog(3)						
6:30-7:00	Closed for Cleaning						
7:00-8:00	CCMHA	Family Swim	CCMHA	Family Swim			