

CLARESHOLM DISC GOLF



Welcome to the Claresholm Disc Golf Course

Located at Patterson Park on the East side of Claresholm, this course has something for all ages and abilities. Designed and donated by a local resident using recycled materials, it was created with a long range plan of having a league with neighbouring communities within our region. The course has been strategically designed for players to use a number of different throwing patterns, is inclusive for all ages and abilities, while still offering those who play competitively a challenging course.

Highlights of the Park

1. It's an inexpensive, passive sport which co-exists easily with other park uses.
2. It provides a source of recreation and a creative play area, targeting town's people and tourists to the park, and other amenities in the community.
3. Will provide a positive, fresh air activity that fosters respect for the land and friendship through passive recreational use.
4. Improve park safety by ensuring a steady, unstructured, recreational use.
5. Disc sports are unique in that they provide an environmentally friendly, sophisticated recreational activity that is compatible with other passive park uses using the existing terrain.
6. Guidelines for the course design have been established by the PDGA.

"What other public recreational activity costs so little, yet offers so many potential benefits to the host park, providing healthy, low impact cardiovascular workouts to so many different users?"

